

**IDEAL PROTEIN FOOD and SUPPLEMENT ORDER FORM**

**Dr. Ronald C. Wichin DC**

104 Elden Street #14 Herndon, VA 20171

703.834.1910 - phone **703.834.2609 - fax**

<u>DRINKS</u>	Box	Price	<u>BREAKFAST</u>	Box	Price
Blueberry, Cranberry & Pomegranate		\$30.50	Choc Chip Pancake Mix (not restricted)		\$30.50
Chocolate		\$30.50	Plain Pancake Mix (not restricted)		\$30.50
Cappuccino		\$30.50	Fine Herb & Cheese Omelet		\$30.50
Peach & Mango		\$30.50	Bacon and Cheddar Omelet		\$30.50
Wildberry Yogurt		\$30.50	Crispy Cereal		\$30.50
Pina Colada		\$30.50	Maple Oatmeal (not restricted)		\$30.50
Orange		\$30.50	Apple Oatmeal (not restricted)		\$30.50
Vanilla		\$30.50	<b>LUNCH</b>	Box	
Vanilla Chai Latte (Stevia)		\$30.50	Chicken Ala King		\$30.50
Lemon Macha Green Tea (Stevia)		\$30.50	Chicken Noodle Soup		\$30.50
Watermelon Hibiscus (Stevia)		\$30.50	Chicken Soup (creamy)		\$30.50
<b>READY MADE</b>	Carton		Broccoli Cheese Soup		\$30.50
Vanilla Drink UHT (6)		\$31.75	Tomato-Basil Soup		\$30.50
Chocolate Drink UHT (6)		\$31.75	Mushroom Soup		\$30.50
Cappuccino UHT (6)		\$31.75	Chicken Patty		\$30.50
Mango Smoothie (1)		\$5.30	<i>Vegetable Chili *R</i>		\$30.50
Strawberry-Banana (1)		\$5.30	Potato Puree		\$30.50
Vanilla Yogurt Almond (1)		\$5.30	Macaroni and Cheese		\$30.50
UHT Premade Chocolate Pudding		\$31.75	Rotini Pasta		\$30.50
<b>SNACKS - PUDDINGS</b>	Box		Mushroom Parmesan Risotto		\$30.50
Milk Chocolate		\$30.50	<b>VITAMINS &amp; MINERALS</b>		
Dark Chocolate		\$30.50	Multi-Vita (60 caps)		\$29.00
Vanilla		\$30.50	Cal-Mag (120 caps)		\$25.00
Raspberry Gelatin		\$30.50	Cal-Mag Chews (60 chews)		
<b>SNACKS - SWEET</b>	Box		Potassium Citrate (60 caps)		\$13.00
<i>Choco-Coconut *R</i>		\$30.50	Pro Omega 60 ct		\$24.00
<i>Vanilla Peanut Crunch *R</i>		\$30.50	Pro Omega 180 ct		\$67.00
<i>Choco Peanut Butter *R</i>		\$30.50	Pro Omega Liquid w/Vit D		\$66.00
<i>Chocolate Mint *R</i>		\$30.50	<b>SUPPLEMENTS</b>	Bottle	
<i>Cranberry Granata *R</i>		\$30.50	Branch Chain Amino Acids		\$19.95
<i>Peanut Butter Crunch *R</i>		\$30.50	Anti-Oxy		\$27.50
<i>Caramel Crunch *R</i>		\$30.50	Pro Biotic Flora Health		\$25.00
<i>Caramel Nut *R</i>		\$30.50	Senna		\$9.00
<i>Cookie Dough Swirl*R</i>		\$30.50	Digestive Enzymes		\$24.00
<i>Chocolate Coated Soy Puffs (unrestricted)</i>		\$30.50	<b>MISC.</b>	Qty.	
<i>Peanut Butter Soy Puffs *R</i>		\$30.50	Ideal Protein Shaker		\$8.00
<i>Apple Cinnamon Soy Puffs *R</i>		\$30.50	Ideal Salt		\$4.00
<i>Orange Chocloate Wafers</i>		\$31.75	My Ideal Recipes Cookbook (Phase 1)		\$29.95
<i>Lemon Wafers</i>		\$31.75	Taste The Freedom Cookbook (Phase 4)		\$29.95
<i>Triple Chocolate Wafers</i>		\$31.75	Janeva's IP Recipe Cookbook		\$40.00
<i>Strawberry Wafers</i>		\$31.75	Walden Farms Products (see reverse side)		\$4.99
Vanilla Wafer		\$31.75	IP Mangosteen Water Enhancer		\$7.50
Vanilla Crispy Squares		\$30.50	IP Tangerine Water Enhancer		\$7.50
Chocolate Crispy Square		\$30.50	Stevita Water Flavoring (Orange)		\$7.00
Double Chocolate Brownie *R		\$30.50	Chocolate Bar		\$4.50
Chocolate Caramel Mug Cake (not restricted)		\$30.50	___ Boxes @ \$30.50 ea:		
<b>SNACKS - SALTY</b>	Box		___ Pre-Made Drink Boxes @\$31.75 ea:		
Soy Nuts -BBQ not restricted		\$30.50	___ Pre-Made Mango @\$5.30		
<i>Dill Pickle Zippers *R</i>		\$30.50	___ Strawberry Banana @\$5.30 ea		
<i>Southwest Cheese Curls *R</i>		\$30.50	Total for Vitamins/Misc:		
Garlic and Soy Chips (not restricted)		\$30.50	Total for Walden Farms:		
Barbeque Soy Chips (not restricted)		\$30.50			
Salt and Vinegar Soy Chips (not restricted)		\$30.50			
<i>White Cheddar Ridges *R</i>		\$30.50			
Sweet and Spicy Trail Mix		\$30.50			
Nacho Cheese Dorados		\$30.50			
Sweet Chile Dorados		\$30.50			

**Total Amount Due:** \_\_\_\_\_

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<b><i>Walden Farm Salad Dressings</i></b>		
Bacon Ranch		\$4.99
Balsamic Vinaigrette		\$4.99
Bleu Cheese		\$4.99
Caesar		\$4.99
Chipotle Ranch		\$4.99
Coleslaw		\$4.99
Creamy Bacon - Bottle		\$4.99
Creamy Bacon - Packets		\$4.99
Creamy Italian		\$4.99
Honey Dijon		\$4.99
Italian - Bottle		\$4.99
Italian - Packets		\$4.99
Ranch - Bottle		\$4.99
Ranch - Packets		\$4.99
Raspberry Vinaigrette		\$4.99
Russian		\$4.99
Sesame Ginger		\$4.99
Thousand Island - Bottle		\$4.99
Thousand Island - Packets		\$4.99
Super Fruit Balsamic Vinaigrette		\$4.99
Honey Balsamic Vinaigrette		\$4.99
French		\$4.99
Zesty Italian		\$4.99
<b><i>Walden Farms Fruit Spreads</i></b>		
Apple Butter		\$4.99
Raspberry		\$4.99
Ranch Dip		\$4.99
French Onion Dip		\$4.99
Strawberry		\$4.99
<b><i>Walden Farms Syrups</i></b>		
Strawberry Syrup		\$4.99
Blueberry Syrup		\$4.99
Caramel		\$4.99
Chocolate		\$4.99
Pancake		\$4.99
<b><i>Walden Farms Dips/Spreads/Sauces</i></b>		
Alfredo Sauce		\$4.99
BBQ Sauce - Original		\$4.99
BBQ Sauce - Thick & Spicy		\$4.99
BBQ Sauce - Honey Barbeque		\$4.99
BBQ Sauce- Hickory Smoked		\$4.99
Garlic & Herb Pasta Sauce		\$4.99
Ketchup		\$4.99
Honey Mustard Mayo		\$4.99
"Amazin' " Mayo		\$4.99
Chipotle Flavored Mayo		\$4.99
Tomato Basil Pasta Sauce		\$4.99

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